

INFORMATION/INFORMED CONSENT

1. **Appointments.** Appointments, cancellations and changes in scheduled appointments can be made by calling Claire Green. Clients are expected to keep all scheduled appointments. However, if unforeseen circumstances cause you to be unavailable for your scheduled appointment, please call at least one day in advance. Full payment is required for any appointments that are canceled or missed without at least one day advanced notice. Repetitive no shows or cancellations without one day advanced notice will result in the requirement of payment at the time of scheduling in order to hold an appointment time.
2. **Fees.** Counseling services are \$70.00 per session for individual, couple and/or family counseling and fees are payable at the time of each session unless other arrangements have been made directly with Claire Green.
3. **Privacy Information.** It is the policy to not release any information regarding your use of therapeutic services, or any personal matters discussed with Claire Green. Confidentiality is assured except for the following situations:
 - a. If you authorize Claire Green to release records or other information to an individual of your choice. This may be done only with your expressed written consent.
 - b. In the event that there is clear and imminent danger to you or another person, or if there was intent to commit criminal activity, Claire Green is required by law to report pertinent information to authorities. This includes reporting child or elder abuse or neglect.
 - c. In the event that records are court ordered for release by a judge.
4. **Termination.** Please inform Claire Green if you are planning to discontinue treatment for any reason. The final session is an important part of the counseling process and should be discussed in advance, just as any mutually agreed upon decision.
5. **Risks/ Benefits.** Counseling has been demonstrated to help many individuals. This is particularly true when you sincerely want to change and you follow through with homework and other activities that you and your therapist, Claire Green, agree would be helpful to you. If counseling does not result in the change you hoped for, it is recommended that you discuss this with your counselor, Claire Green, so that together we can help you decide whether to discontinue counseling, try alternative treatment techniques, or seek alternative help. The primary risk of counseling is that the process may involve discussing problems or life events that may evoke unpleasant feelings. If this occurs it is important to let Claire Green know so that she can help you deal effectively with those concerns.

I have read and understand the nature and limits of the services provided by Claire Green and voluntarily agree to participate in counseling.

Claire Green
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